NORTHERN WESTMORELAND CAREER AND TECHNOLOGY CENTER

SECTION: OPERATIONS

TITLE: SUICIDE AWARENESS,

PREVENTION AND RESPONSE

ADOPTED: October 15, 2015

REVISED:

819. SUICIDE AWARENESS, PREVENTION AND RESPONSE

1. Purpose SC 1526 Pol. 103.1, 248, 249, 806 The Joint Operating Committee is committed to protecting the health, safety and welfare of its students and school community. This policy supports federal, state and local efforts to provide education on youth suicide awareness and prevention; establish methods of prevention, intervention, and response to suicide or suicide attempt; and to promote access to suicide awareness and prevention resources.

2. Authority
Title 22
Sec. 12.12
Pol. 207, 216, 236

In compliance with state law and regulations, and in support of the Career Center's suicide prevention measures, information received in confidence from a student may be revealed to the student's parents/guardians, the building principal or other appropriate authority when the health, welfare or safety of the student or any other person is deemed to be at risk.

3. Guidelines

The Career Center shall utilize a multifaceted approach to suicide prevention which integrates school and community-based supports.

SC 1526

The Career Center shall notify its employees, students and parents/guardians of this policy and shall post the policy on the Career Center's website.

SC 1526

SUICIDE AWARENESS AND PREVENTION EDUCATION

Protocols for Administration of Student Education

Students shall receive age-appropriate education on the importance of safe and healthy choices, coping strategies, how to recognize risk factors and warning signs, as well as help-seeking strategies for self or others including how to engage school resources and refer friends for help.

Lessons shall contain information on comprehensive health and wellness, including emotional, behavioral and social skills development.

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Protocols for Administration of Employee Education

All Career Center employees, including but not limited to teachers, secretaries, coaches, and custodians, shall receive information regarding risk factors, warning signs, response procedures, referrals, and resources regarding youth suicide prevention.

SC 1526 Pol. 333

As part of the Career Center professional development plan, professional educators serving students in grades six (6) through twelve (12) shall participate in four (4) hours of youth suicide awareness and prevention training every five (5) years.

Additional professional development in risk assessment and crisis intervention shall be provided to guidance counselors, Career Center mental health professionals and school nurses.

Resources for Parents/Guardians

The Career Center may provide parents/guardians with resources including, but not limited to, health promotion and suicide risk, including characteristics and warning signs; and information about local behavioral/mental health resources.

SC 1526

METHODS OF PREVENTION

The methods of prevention utilized by the Career Center include, but are not limited to, early identification and support for students at risk; education for students, staff and parents/guardians; and delegation of responsibility for planning and coordination of suicide prevention efforts.

Suicide Prevention Coordinator

A suicide prevention coordinator shall be designated by the Administrative Director. This may be an existing Career Center employee. The Career Center suicide prevention coordinator shall be responsible for planning and coordinating implementation of this policy.

Early Identification Procedures

Early identification of individuals with suicidal risk factors or of individuals exhibiting warning signs, is crucial to the Career Center's suicide prevention efforts. To promote awareness, Career Center employees, students and parents/guardians should be educated about suicidal risk factors and warning signs.

Referral Procedures

Any Career Center employee who has identified a student with risk factors or warning signs, or who has an indication that a student may be contemplating suicide, shall refer the student for further assessment and intervention.

Documentation

The Career Center shall document the reasons for referral, including specific warning signs and risk factors identified as indications that the student may be at risk.

SC 1526

METHODS OF INTERVENTION

The methods of intervention utilized by the Career Center include, but are not limited to, responding to suicide threats, suicide attempts in school, suicide attempts outside of the school, and completed suicide. Suicide intervention procedures shall address the development of an emotional or mental health safety plan for students identified as being at increased risk of suicide.

Procedures for Students at Risk

A Career Center approved suicide assessment instrument may be used by trained mental health staff such as counselors, psychologists, social workers.

Pol. 806

Parents/Guardians of a student identified as being at risk of suicide shall be notified by the Career Center. If the Career Center suspects that the student's risk status is the result of abuse or neglect Career Center staff shall immediately notify Children and Youth Services.

Students With Disabilities

For students with disabilities who are identified as being at risk for suicide or who attempt suicide, the appropriate team shall be notified and shall address the student's needs in accordance with applicable law, regulations and Joint Operating Committee policy.

If a student is identified as being at risk for suicide or attempts suicide and the student may require special education services or accommodations, the Director or designee shall be notified and shall take action to address the student's needs in accordance with applicable law, regulations and Joint Operating Committee policy.

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Pol. 103.1, 113, 113.2, 113.3, 114	<u>Documentation</u>
	The Career Center shall document observations, recommendations and actions conducted throughout the intervention and assessment process including verbal and written communications with students, parents/guardians and mental health service providers.
	The Administrative Director or designee shall develop administrative regulations providing recommended guidelines for responding to a suicide threat.
	METHODS OF RESPONSE TO SUICIDE OR SUICIDE ATTEMPT
	The methods of response to a suicide or a suicide attempt utilized by the Career Center include, but are not limited to:
	Identifying and training the Career Center crisis response/crisis intervention team.
	2. Determining the roles and responsibilities of each crisis response team member.
	3. Notifying students, employees and parents/guardians.
	4. Working with families.
	5. Responding appropriately to the media.
	6. Collaborating with community providers.
SC 1526	The Administrative Director or designee shall develop administrative regulations with recommended guidelines for responding to a suicidal act or attempt on school grounds or during a school-sponsored event.
	Re-Entry Procedures
	A student's excusal from attendance after a mental health crisis and the student's return to the school shall be consistent with state and federal laws and regulations.
	A Career Center-employed mental health professional, the building principal or suicide prevention coordinator shall meet with the parents/guardians of a student returning to the school after a mental health crisis, and, if appropriate, meet with the student to discuss re-entry and applicable next steps to ensure the student's readiness to return to the school.

REPORT PROCEDURES Effective documentation assists in preserving the safety of the student and ensuring communication among school staff, parents/guardians and mental health service providers. The designated employee shall document the reasons for referral, including specific warning signs and risk factors identified as indications that the student may be at risk. The designated Career Center employee shall also document all interventions and services provided. The Executive Director or designee shall be notified of at-risk students and provided with documentation prepared by the school. Information and reports shall be provided, as appropriate, to guidance counselors, Career Center mental health professionals and school nurses. SC 1526 When a school employee takes notes on any conversations or situations involving or relating to an at-risk student, the notes should contain only factual or directly observed information, not opinions or hearsay. As stated in this policy, school employees shall be responsible for effective documentation of incidents involving suicide prevention, intervention and response. The suicide prevention coordinator shall provide the Administrative Director with a copy of all reports and documentation regarding the at-risk student. Information and reports shall be provided, as appropriate, to guidance counselors, school mental health professionals and school nurses. SUICIDE AWARENESS AND PREVENTION RESOURCES A listing of resources regarding suicide awareness and prevention shall be included in an administrative procedure developed by the Administrative Director or designee. SC 1526